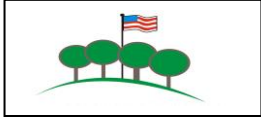


March 2023



# LIBERTY GROVE ROCKS

## Featured Business

Blue Bear Cafe  
12029 State Hwy 42  
Ellison Bay, WI 54210  
920-854-3284  
Bluebeareb.com

## Important Dates

March 14<sup>th</sup>- Parks & Property 9am  
March 14<sup>th</sup>- Econ- 6:15pm  
Mar. 15<sup>th</sup>- Town Board Meeting - 7pm  
April 4<sup>th</sup>- Spring Election 7am-8pm  
April 5<sup>th</sup>- Town Board Meeting - 7pm

**The meeting at the Town Hall**

## FROM YOUR TOWN CHAIRMAN

The Town Annual Spring Meeting will be held on Tuesday April 18<sup>th</sup> beginning at 7pm in the Town Hall. In addition to the annual report from our accounting firm we have asked Nsight to provide an update on the proposed Town-wide fiber optic project. You may have seen FARR TECHNOLOGIES vehicles on Town roads. FARR, has six employees in Liberty Grove compiling the necessary data to be used for the design of the project. Once the design is completed and reviewed by Nsight and the Town, bids will be let on the construction phase. The engineering team from Nsight has started meeting with FARR representatives on a monthly basis discussing progress and any surprises that might arise. An update on that progress will be available at the Annual Spring Meeting. Farr has been invited to attend the Annual Meeting. Early indications are that the design should be done by late summer or early fall. Currently it is estimated that actual construction will begin in 2024 and barring any delays should be completed in 2024 as well. Grant monies, which have become very prevalent, will help cover a portion of the cost of the fiber optic project with the remainder, at this time, anticipated to a bond payable over a 20-year period. Administrator Kalms and Clerk/Treasurer Bell are developing various options for the final financing of the project. Nsight is monitoring the grant cycles and will apply for grants. Once an acceptable construction bid is known final decisions on financing will be made. Informational update meetings for the public will be held as we move forward. The Door County Housing Partnership has also been invited to the Spring Meeting. Our Economic Development Committee has been working on a possible attainable housing project for Liberty Grove. Destination Door County made a presentation to the Board on the Community Investment Fund. The fund will use room tax dollars generated by visitors to assist in paying for projects that benefit local residents and visitors. Examples could include public park improvements/expansions, public hiking or biking trails, public beach restorations, new restroom facilities. Applications must be for projects not yet started and could be part of an ongoing project like Mariner Park in Gills Rock and some aspects of the Town-wide fiber optic. Door Community Foundation is partnering in this fund and will accept/administer grants to qualified applicants that include Door County Based 501(c)(3) public charities, 501(c)(6) organizations and local units of government using a portion of room tax dollars paid by visitors. The Destination Door County board of directors anticipates committing up to \$1 million per year to the Community Investment Fund. While State Statutes require room tax dollars to be used in ways that benefit visitors. Grant applications must also demonstrate how it will improve the quality of life for local residents.

## FROM YOUR TOWN BOARD

### *Liberty Grove's Annual Town Meeting*

All residents of Liberty Grove should plan on attending the Annual Town meeting on April 18th at 7:00pm. We will have our auditors there to give our annual financial report, committee updates from the past year and general business which needs to be conducted at a Town's annual meeting. Anyone is welcome to attend. Any qualified elector is welcome to participate in voting matters. (See definition in WI State Statute §6.02). We hope to see you there.



### REMEMBER

A delicious and nutritious lunch is provided by.

**The Senior Resource Center  
At the  
Liberty Grove Town Hall**

**Monday, Wednesday, and Friday**  
Every week, except on Holidays.

Call **\*\*920-746-2523\*\***  
**24 hours before the  
first time you come for lunch.**

### Door County Coastal Byways

The mission of all designated Scenic Byways is to educate/preserve/protect/enhance & promote the outlined intrinsic values required by the Federal Highway Administration National Scenic Byway & Wisconsin Scenic Byway programs. In addition we collaborate with other local/regional & state agencies to further these goals.

[www.doorcountycoastalbyway.org](http://www.doorcountycoastalbyway.org)

### Door County North

The local business organization promoting and supporting this area.

[www.doorcountynorth.org](http://www.doorcountynorth.org)

### Ellison Bay Service Club

Visit their **Facebook page** to find out the latest news and activities in **Ellison Bay** and **all over Liberty Grove**.

[www.facebook.com/ellisonbayserviceclubdc](http://www.facebook.com/ellisonbayserviceclubdc)

### GEO-DC

Cultivating knowledge and stewardship of the Niagara Escarpment corridor and its geological, ecological, and cultural wonders in people of all ages and from all walks of life.

<https://Geo-dc.org> or

<https://www.facebook.com/geo.doorcounty>

### Liberty Grove Historical Society

Preserving the artifacts, sharing the stories, and promoting the community of Liberty Grove.

[www.libertygrovehistorical.org](http://www.libertygrovehistorical.org) or

<https://www.facebook.com/libertygrovehistory>

Train your mind to see the good in every situation...



### NWTC Community Education Classes

To see all the classes/credit classes offered in Sister Bay go to [www.nwtc.edu](http://www.nwtc.edu) and click on “Find a Class” by location and choose “Learning Innovation Center” in the drop-down box. Learn from home via Zoom. A computer, laptop, or tablet with reliable broadband will be required for some of the classes. Instructions for accessing the class via Zoom will be provided. You can also register by calling 1-888-385-NWTC, or you can call 920-746-4970 for assistance, or contact the Learning and Innovation Center at [sisterbay@nwtc.edu](mailto:sisterbay@nwtc.edu)

### Door County Library- Sister Bay / Liberty Grove

#### **Tuesday, March 14th**

**2:30 p.m. Sister Bay/Liberty Grove Library**

#### *Readers Rampant Book Club*

Join us in-person or via Zoom to discuss: : “The German Wife” by Kelly Rimmer. Copies of the book are available via the online catalog: InfoSoup.org. Also, on Libby (eBook and audiobook). Participants’ and listeners are welcome. Visit our DoorCountyLibrary.org calendar for Zoom details. You can also contact Christina, 920-854-2721.

All month long, Pick up a free Screen- free craft bag for 4k-2<sup>nd</sup> grade.

### Community Groups at the Sister Bay/Liberty Grove Library

#### **Northern Door Genealogical Society**

Meet virtually on the first Thursday of each month. Visit the calendar for Zoom code.

#### **Hand Stitching Crafters Group**

3<sup>rd</sup> Monday of each month 10am-12pm

#### **Northern Door Crafters Group**

Every Thursday 10am-12pm

### **Sister Bay/Liberty Grove Library hours**

Monday: 10-4pm

Tuesday: 1-7pm

Wednesday: 10-4pm

Thursday: 10-3pm

Friday: 10-3pm

Saturday: 10-2pm

### Winter Farm Market Baileys Harbor Community

At the Town Hall, 10-2pm. Mar. 11, and April 08.

Many great vendors to browse. Visit [baileysharbor.com](http://baileysharbor.com) or call 920-839-2366 for details.

## Process for building a home or placing an accessory building on your property

Many people call the office asking what the process is for adding structures to their property. Generally, speaking, the County deals with correct placement of structures on properties including well and septic and the Town deals with the actual construction of dwellings and accessory structures. The Town is under County Zoning so the first step is to go to the County Land Services department at 421 Nebraska St., Sturgeon Bay. Their phone number is 888-743-1844, ext. 2323. Once all permits are approved, you would then complete a Town of Liberty Grove building permit. The form can also be found on the Town website. Libertygrovewi.gov Our building inspector is here on Thursday mornings from 8:30am to 10:00am. Appointments for other times are also possible. Call Door County Inspections at 920-495-1863.

## 2023 Dog Licenses & Tags for new dogs and renewals are available.

You must apply for the license before April 1, 2023, to avoid a late fee.

**Fees** are Altered- \$5.00 and Regular- \$10.00

You will need a certificate from your dog's veterinarian showing his/her current rabies shot, when that shot expires and the manufacturer and serial number of the serial number for the vaccine

## Weight Limits on Roads

**The following roads will have a Class B temporary gross weight restriction starting March 13<sup>th</sup>. Any one axle is 6 tons any two axle under 8ft apart is 10 tons NO EXCEPTIONS**

Appleport Road  
Badger Road  
Beach Road  
Blackberry Road  
Cottage Road  
Europe Bay Road  
Flint Ridge Road  
Garrett Bay Road  
German Road  
Green Road  
Highview Road  
Hill Road  
Humbug Road  
Isle View Road  
Kenosha Drive  
Lakeview Road  
N Port Des Morts Drive  
Plateau Road  
Porcupine Bay Road  
Scandia Road  
Seaquist Road  
Settlement Road  
Timberline Road  
Townline Drive (County Q to Old Lime Kiln Road)  
Waters End Road  
Wildwood Road (Beach Rd to County ZZ)  
Wisconsin Bay Road  
Woodcrest Road (County ZZ to County Q)

## Liberty Grove Senior Resources

### **Aging & Disability Resource Center of Door County**

@ THE DOOR COUNTY SENIOR & COMMUNITY CENTER

916 N. 14th Ave. • Sturgeon Bay, WI 54235

920-746-ADRC (2372) • Toll free: 855-828-2372

Email: [ADRC@co.door.wi.us](mailto:ADRC@co.door.wi.us)

Website: [www.ADRCDoorCounty.org](http://www.ADRCDoorCounty.org)

Open Monday – Friday 7:00 a.m. to 6:30 p.m.

or by appointment

### **Memory care Connections**

Door County Senior Resource Center, Sturgeon Bay. 920-493-0339

[memorycare@doorcountyfamilycenters.com](mailto:memorycare@doorcountyfamilycenters.com)

### **Pet Friendly Assisted Living**

The majority of people love their pets because they enrich lives in multiple ways. About two thirds of households have various domestic animals in the United States according to research. Seniors are fond of their furry friends. It is with good reason because spending even a few minutes with the pets makes older adults feel great.

The science behind this is that bonding with the animals for around 15 minutes sets off a chemical reaction in the brain. In turn, this increases the production of serotonin - a feel-good hormone, and it also lowers the levels of cortisol, a flight or fight hormone.

In the past, older adults were forced to part with their beloved companions after moving into a retirement community. Things are different nowadays because there is an ever-increasing number of pet friendly assisted living facilities that allow residents to stay with their pets. Management of such retirement communities realizes that pets in the lives of aging individuals give them new meaning in life as well as enhance their well-being, so finding local pet friendly senior living communities is no longer a difficult task, whether you are looking for pet friendly nursing homes or assisted living homes.

#### **Benefits of Staying with Pets at Assisted Living Facilities**

Pets are reliable companions that motivate the older generation to socialize and stay active. Furthermore, retirees get numerous perks after long-term interaction with their favorite animals, including:

#### **Psychological Benefits**

**Reduces Depression** - having pets around has shown to decrease the risk of anxiety and depression. It is especially true for an older adult who has just lost their spouse, has fears about moving from the comforts of their home, or has received a terminal diagnosis.

**Lowers Stress** - staying with animals increases the production of happy hormones in the body which in turn significantly decreases or eliminates stress.

**Eases Agitation** - memory care residents in senior housing apartments are quick to become agitated. Caregivers, however, report that when they are residents of pet friendly senior housing and in the company of their beloved pets, they are calmer.

**Enhances Mental Stimulation** - taking care of pets can help senior citizens remain sharp. Note that when it comes to brain health the saying “use it or lose it” applies. Looking after the pets can help to ward off dementia symptoms. Learning how to look after a dog or cat, brushing them and learning how to train them are some of the things that keep neurons on their toes. The responsibility of looking after another living creature can also help to offer structure in seniors’ daily lives.

### **Physical Benefits**

**Increases Levels of Physical Activity** - staying with pets keeps retirees more active. Simple acts of looking after the lovely creatures such as walking them or cleaning and feeding them introduce an aspect of exercise in the owner’s life, which is fantastic for their health.

**May Reduce Pain Levels**- because pet owners enjoy increased physical activity levels, it is possible that it can also help to reduce the pain that a person is experiencing. Increased physical activity associated with pet ownership also helps to lower pain that arthritis patients feel.

**Reduces Blood Pressure** - reduced stress levels that the pets evoke can lead to lowering/normalizing of blood pressure. Aging individuals who frequently interact with cats, dogs, or other animals are less likely to experience spikes in blood pressure than the ones who do not stay with their animals.

**Help with Faster Healing** - caregivers also observe that animal companions can help seniors to recover faster after they are taken ill and given permission to recuperate in their living spaces.

### **Social Benefits**

**Improved Socialization** - pets can reduce the feelings of isolation in the elderly. Research reveals that people are more likely to smile more and interact with each other in the presence of dogs, cats and other animals. It goes to show that pet therapy evokes outgoing, social behavior and conversation.

**Reduced Verbal Aggression** - studies also show that elders with [dementia, Alzheimer’s or other memory care](#) issues are less likely to experience verbal aggression if they are spending time with pets. It is safe to say that domestic animals have a positive influence on such populations.

**Judgement Free Friendships** - the friendships that retirees form with their pets are free of judgment and are pure. It is something that can make them feel better about themselves which can result in better self-esteem and self-awareness to enjoy brighter days in their new assisted living homes.

